

## Rule of Two Implementation for Jaguars SC

### Purpose:

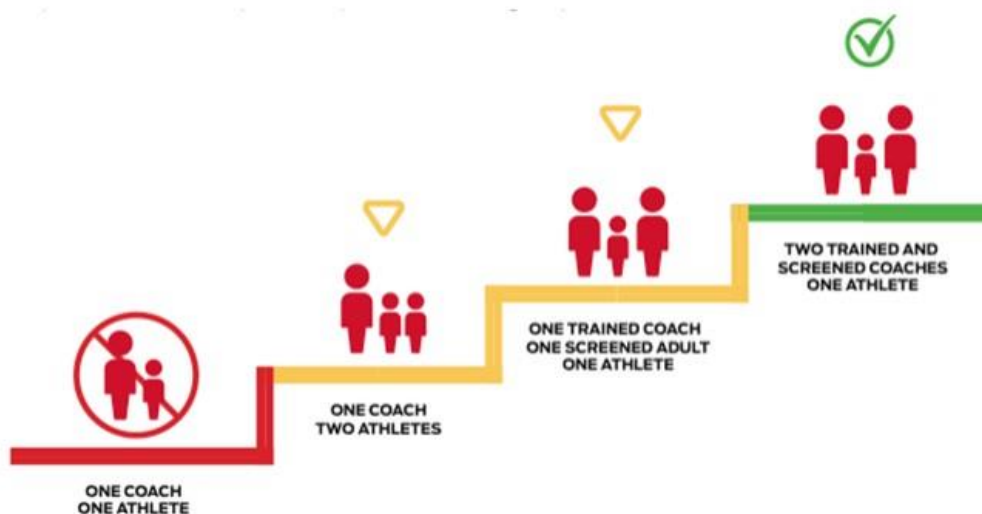
Jaguars SC is committed to ensuring the health, safety, and well-being of all participants in accordance with the Responsible Coaching Movement (RCM) and the Rule of Two guidelines set by the Coaching Association of Canada and the Canadian Centre for Ethics in Sport.

### Objective:

The objective of implementing the Rule of Two at Jaguars SC is to create a safe environment for all athletes, especially minors, by ensuring that all interactions and communications are open, observable, and justifiable. The Rule of Two aims to protect participants and coaches in potentially vulnerable situations by never allowing a coach to be alone with an athlete, except in emergency situations.

### Standards:

Two-Screened Coaches or Person(s) in Authority:



- Jaguars SC expects that two screened and NCCP-trained or certified coaches will always be present with an athlete.
- If NCCP-trained or certified coaches are not available, a screened "Person in Authority" such as managers, support personnel, chaperones, or directors of the club or organization should be present instead.

c. If a screened Person in Authority or other volunteer is not available, another adult (parent/guardian of another athlete in a youth environment or another athlete in a senior environment) should be asked to temporarily substitute.

d. If another adult is not available, there should always be more than one athlete with the coach (this is the lowest standard and not recommended).

Good Rule of Two Implementation Practices and Practical Tips:

Jaguars SC will follow these practices to ensure effective implementation of the Rule of Two:

a. Take the Responsible Coaching Movement Pledge.

b. No coach should be alone and out of sight with a participant without another screened coach or screened adult (parent or volunteer) present.

c. Ensure the training environment is open to observation.

d. Inform parents/guardians and players that Jaguars SC aims to achieve the highest expectation of the Rule of Two.

e. Share these guidelines with parents/guardians and players, encouraging them to identify and acknowledge any instances where the Rule of Two is not being followed.

f. If a participant rides in a coach's vehicle, another adult should be present.

g. Consider the gender identity of the participants when selecting screened coaches and volunteers who are present.

h. Recruit a Team Liaison or individual to assist in situations where two screened coaches may not be present.

i. Involve parents or other individuals who volunteer with the team in the organization's screening process and obtain a criminal record check.

j. Provide parents/guardians and volunteers with information about the NCCP, encouraging them to become NCCP-trained or certified coaches.

k. Eliminate one-on-one electronic messaging and ensure all communications are sent to the group and/or include parents/guardians.

l. Follow the requirements of Canada Soccer's Club Licensing Program, including a Code of Conduct to Protect Children, guidelines for appropriate/inappropriate conduct, and a policy and procedure for addressing witnessed misconduct.

m. Adopt a Discipline Policy that outlines processes for addressing misconduct and failures to follow Rule of Two Guidelines.

## Guidelines:

### Travel:

During travel with athletes, Jaguars SC will follow these guidelines:

- a. A Person in Authority may not be alone in a car with an athlete unless the Person in Authority is the athlete's parent/guardian.
- b. A Person in Authority may not share a room or be alone in a hotel room with an athlete unless the Person in Authority is the athlete's parent or guardian.
- c. Room or bed checks during overnight stays must be done by two Persons in Authority.

### Locker Room/Changing Area/Meeting Room:

For locker rooms, changing areas, and meeting rooms-if applicable- Jaguars SC will adhere to the following guidelines:

- a. Interactions between a Person in Authority and an individual athlete should not occur in rooms with a reasonable expectation of privacy (e.g., locker rooms, meeting rooms, washrooms, or changing areas). A second Person in Authority should be present for all necessary interactions in such rooms.
- b. Locker rooms or changing areas should be supervised by two Persons in Authority of the same gender identity as the players whenever possible.
- c. If a second Person in Authority is not available, the Person in Authority supervising the locker room or changing area should never be alone with an individual athlete.
- d. If Persons in Authority are not present in the locker room or changing area, they should still be available outside and able to enter if required, although this is not deemed a best practice.

### Training/Competition Environment:

Jaguars SC will follow these guidelines for the training and competition environment:

- a. A Person in Authority should never be alone with an athlete before or after a game or practice unless the Person in Authority is the athlete's parent or guardian.
- b. If the athlete is the first to arrive, their parent/guardian should remain until another athlete or Person in Authority arrives. If an athlete drives themselves, they should wait for another athlete to arrive before going to the field.
- c. If an athlete would potentially be alone with a Person in Authority after a game or practice, the Person in Authority should ask another Person in Authority or a parent/guardian of another athlete to stay until all athletes have been picked up. If an adult is not available, then another athlete should be present to avoid a Person in Authority being alone with a single athlete.
- d. Persons in Authority giving instructions, demonstrating skills, or facilitating drills or lessons to an individual athlete should always do so within earshot and eyesight of another Person in Authority.

### Gender Identity:

Jaguars SC will consider the following guidelines when interacting with athletes:

- a. For teams consisting of athletes of just one gender identity, a Person in Authority of the same gender identity should be available to participate or attend every interaction.
- b. For teams consisting of athletes of more than one gender identity, a Person in Authority of each gender identity should be available to participate or attend every interaction.

### Applying the Rule of Two in a Virtual Setting:

Jaguars SC will implement the Rule of Two in virtual settings with the following practices and tips:

- a. For every session, two adult coaches or one coach and one adult (parent, guardian, volunteer, club administrator) must be present, and one-on-one sessions are prohibited.
- b. Clearly communicate professional standards expected of the coach during virtual sessions, emphasizing that sessions should be focused on training/coaching rather than social engagement.
- c. Encourage parents/guardians to debrief with U-16 athletes about virtual training on a weekly basis.
- d. Inform parents/guardians beforehand about the activities and process of virtual sessions.
- e. Record sessions where possible.
- f. Conduct communication in an open and observable environment within the athlete's home, avoiding bedrooms or unprofessional settings.
- g. Obtain parental consent prior to each virtual session or series of regularly scheduled sessions.
- h. Prohibit one-on-one texting, emailing, or online contact between coach and athlete, allowing only group communication involving at least two adults and limited to coaching matters.
- i. Prohibit social media contact by coaches to athletes, including sharing non-training-related content.

Jaguars SC is committed to continuously implementing and adhering to the Rule of Two guidelines to ensure the safety and well-being of all participants in our soccer club.

For more information on the Responsible Coaching Movement, please visit <https://coach.ca/responsible-coaching-movement-old>